



Nazia Parveen

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📍 Pakistan (South Asia)

EDUCATION

Master of Philosophy in Psychology

Final CGPA: 3.65 / 4.0

Women University Multan, Pakistan

(2022-2024)

Bachelor of Psychology

Final CGPA: 3.99 / 4.0 (Gold medalist)

Institute of Southern Punjab Multan, Pakistan

(2017 – 2021)

Address: **Multan** (Pakistan)

Field(s) of study: **Psychology**

PUBLICATION

1. Unravelling the impact of Perceived Parental Styles on Curiosity and Exploration

Bulletin of Business and Economics (BBE), 12(4), 254-263.

<https://doi.org/10.61506/01.00113>

2. Impact of Self-Oriented Perfectionism on Academic Engagement among University Students

Journal of Professional & Applied Psychology, 5(2), 269–275.

<https://doi.org/10.52053/jpap.v5i2.267>

3. The Psychological and Behavioral Mechanisms of Online Gambling Game Addiction: A Comparative Study of Cognitive Biases, Reward Systems, and Intervention Strategies

Journal of Policy Research, 10(2), 776-787

<https://doi.org/10.61506/02.00297>

4. Impact of Emotional Intelligence in Organizational Commitment among Employees of Educational Sector: Moderating Role of Personality Traits and Gender

Review of Applied Management and Social Sciences 7(4), 235-247.

<https://doi.org/10.47067/ramss.v7i4.375>

5.A Qualitative Study Exploring Mental Health Challenges, Coping Strategies, and Social Support Among Flood Victims

Pakistan Journal of Humanities and Social Sciences 12(4), 3357-3365.

DOI: <https://doi.org/10.52131/pjhss.2024.v12i4.2445>

CONFERENCES, S E M I N A R S and Workshops

- First international conferences of Educational, Clinical, Social psychology held at Psychology department of women university Multan.
- 'International conference CPEC, Sustainable Tourism development for women empowerment in Pakistan'' organized by Fatima Jinnah Women University and Karaqoram International University Gilgit in collaboration with HEC Islamabad.
- First International Brain & Bio-Medicine Conference as a Oral Presenter at GCUF University.
- First International Conference of Peace Building at Comsat University Lahore Campus.
- International Conference of Spring Congress Ever Changing World: Challenges & Opportunities hosted by MNS University of Multan.
- First International Conference on eating disorder at Punjab University collaboration with PILL and LCWU.
- First International Conference of Social sciences and Psychology at Garrison University Lahore.
- 6th International conference of Drug Abuse and Illicit Trafficking, (Drug abuse

awareness and prevention among Teens and Youth organized by Young Psychological Association.

- Attend virtually 4th international conference on Management education and social science, organized by Research Synergy Foundation Malaysia.
- 1st International conference on Suicide in Young People, Strategies for prevention organized by Fatima Jinnah Women University collaboration with PILLS Pakistan.
- 12th International Conference, Technology, Pedagogy, Society; Critical Appreciation of the present and prospectus for the Future organized by Agha Khan University Karachi.
- International conference of Silver Jubilee Psychiatry Sukkar, Sindh held by Pakistan Psychiatry Society
- National conference of behavioral sciences in University of Lahore Pakistan
- PPA 14th international conference in Pakistan
- International Seerah conference in WUM Pakistan
- Attend Virtually International Psychology Conference on Mental health and resilience's held at Research Synergy Foundation in Malaysia
- Attend seminar on "Alzheimer day Awareness" held at Psychology Department of Women University Multan.
- Attend APNNA seminar awareness session about mental health held at Nishtar Medical Hospital Multan.
- Attend Webinar of "Unlock your Potential; Mental Health Awareness through Life Coaching and N.P., Organized by Young Psychological Association.
- Attend Webinar of "Mental Health Day 2023" organized by Department Teaching, Training & Development Pakistan Institute of Living & Learning (PILL).
- Attend Webinar of "Chevening Scholarships" of U.K organized By Beaconhouse National University Lahore, Pakistan
- Attend Online workshop on "Qualitative research workshop" by Research Roof Malaysia.
- Attend Online Workshop On "Hands on SPSS Training" organized by Research Roof Malaysia.
- Attend Virtual Workshop on "Major parenting challenges of the modern Era" organized by Pakistan Psychological and Medical Organization Islamabad.
- Attend Online workshop on "sexual Health and Issues related to mental health" organized by Psyche and the Minds Expert Pakistan.
- Attend workshop on "Cognitive Behavior Therapy with Depression" organized by Mind Spark Consultant Lahore, Pakistan.
- Attend Webinar "How to Hunt Journal for Publication in HEC "Y-Category".

CERTIFICATIONS

- Got certificate in Participating in ‘‘6th International conference of Drug Abuse and Illicit Trafficking, (Drug abuse awareness and prevention among Teens and Youth ‘’, organized by Young Psychological Association.
- Participate as a listener in virtual ‘‘ 4th international conference on Management education and social science ‘’and got certificate of participation, organized by Research Synergy Foundation Malaysia.
- Got certificate in Participating as a listener in’’ 1st International conference on Suicide in Young People, Strategies for prevention’’ organized by Fatima Jinnah Women University collaboration with PILLS Pakistan.
- Participate in’’ Asian Council of Science Editors’’ as Poster Competition.
- Participate in ‘‘12th International Conference, Technology, Pedagogy, Society, Critical Appreciation of the present and prospectus for the Future’’ organized by Agha Khan University Karachi.
- Participate in ‘‘International conference CPEC, Sustainable Tourism development for women empowerment in Pakistan’’ organized by Fatima Jinnah Women University and Karakorum International University Gilgit in collaboration with HEC Islamabad.
- Got 1st position in ISP Multan Poster competition on theme of ‘‘Mental Health’’.
- Got 2nd position in poster competition theme ‘‘Job stress and Burnout’’ in First international conferences of educational, clinical, social psychology held at Psychology department of women university Multan.
- Got certificate in ‘‘National Financial Literacy Training Program’’.
- Got certificate of Graphic designer.
- Got certificate of Spoken language from CLC Multan.
- Got certificate of best interview and presentation From CLC Multan.
- Got certificate of Gold Medalist from ISP Multan.

Work Experience

- Visiting Lecturer in Government Graduate College of Science Multan. Pakistan
- **Visiting Lecturer in National University Of Modern Languages Multan Campus Pakistan.**
- 02 Year teaching experience **Charter House System School Sakhi Sarwar DGK.**

MEMBER OF PSYCHOLOGICAL SOCIETIES

- Member of Pakistan Society of Basic and Applied Neurosciences (PASBAN).
- Member of Young Psychological Association (YPA).
- Member of Pakistan Association of Cognitive Therapy (PACT).

OTHER COURSES

- Content Writing from E-Rozgar Punjab.
- Graphic Designing from Viber Tech solution Software house in Multan.
- Spoken English Language from Cambridge Language Council Multan.
- Health-care associated infection surveillance course from WHO

Digital Skills

Zoom| Outlook| Microsoft Office | Social Media| Skype| Browsing

Languages

Urdu (Native)

English

(Advance)

Honors and Awards

- Got Gold medalist in Bachelors in Psychology
- Got trophy in Sports Competition in Bachelors in Institute of Southern Punjab Multan Pakistan
- Got shield in Art competition First position in ISP Multan Pakistan.
- Got laptop through the Prime Minister Laptop scheme 2014
- Got 1st position in Poster competition of Mental health at ISP Multan Pakistan.
- Got 2nd position in Poster competition in International conference of psychology peace building in COMSAT university Pakistan.

References

Dr. Asma Bashir Associate Professor Women University, Multan

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Dr. Maria Anwar Khan Associate Professor National University of Modern Languages, Multan Campus Pakistan

Email; maria.anwar@numl.edu.pk

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